

# ACTIVE KIDS

WINTER 2024

## SCHOOL HOLIDAY PROGRAM

Free activities



[ipswich.qld.gov.au/activekids](https://ipswich.qld.gov.au/activekids)





**ACKNOWLEDGEMENT OF COUNTRY**

Ipswich City Council respectfully acknowledges the Traditional Owners as custodians of the land and waters we share. We pay our respects to their Elders past, present and emerging, as the keepers of the traditions, customs, cultures and stories of proud peoples.

Keep busy these winter school holidays with our Active Kids program. There are plenty of fun and free activities to keep kids active and healthy.

Our sessions are open to everyone. Most sessions have multiple activity selections to suit the ability of the child with parents/caregivers encouraged to participate.



*For accessibility information and to assess suitability of an activity for your child, contact the Active and Healthy Team on (07) 3810 7173.*

For further information please email [activeandhealthy@ipswich.qld.gov.au](mailto:activeandhealthy@ipswich.qld.gov.au)

## WHAT TO BRING

- Snacks
- Water bottle
- Enclosed shoes
- Hat and sunscreen
- Anything else included in the specific activity requirements.



### BOOK NOW

Book your activity via our Active Kids calendar at [ipswich.qld.gov.au/activekids](http://ipswich.qld.gov.au/activekids) or through the Active and Healthy app

ACTIVITY	TIME	WHERE
----------	------	-------

### MONDAY 24 JUNE - FRIDAY 28 JUNE

Yoga (5-9 years) ■▲	10.30 am – 11.00 am	Tulmur Place, 1 Nicholas Street, Ipswich
Yoga (10-15 years) ■▲	11.30 am – 12.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Basketball ■▲	10.00 am – 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich

### MONDAY 24 JUNE

Athletics ■▲	10.00 am – 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Scooter Tricks ■	2.00 pm – 3.00 pm 3.15 pm – 4.15 pm	Bob Gibbs Park, 40-60 Springfield Parkway, Springfield

### TUESDAY 25 JUNE

Netball	9.00 am – 10.00 am	Evan Marginson Park, 6 Layard Street, Goodna
Boxing ■▲	10.00 am – 10.30 am 11.00 am – 11.30 am 12.00 pm – 12.30 pm 1.00 pm – 1.30 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Gymnastics ■	10.15 am – 11.15 am	Evan Marginson Park, 6 Layard Street, Goodna
Zumba ■▲	10.30 am – 11.00 am 11.30 am – 12.00 pm 12.30 pm – 1.00 pm 1.30 pm – 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
Tee Ball	11.30 am – 12.30 pm	Evan Marginson Park, 6 Layard Street, Goodna

■ Self-paced    ▲ Accessible

Play On activation at Tulmur Place

*Activities and locations vary in accessibility. Please contact council to discuss suitability.*

*Self-paced refers to numerous activities where a child can progress at their own pace and according to their individual abilities.*

# WEEK ONE

**BOOK  
NOW**





ACTIVITY	TIME	WHERE
----------	------	-------

### WEDNESDAY 26 JUNE

Silent Disco ■▲	10.00 am – 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
--------------------	--------------------	---

### THURSDAY 27 JUNE

Boxing ■▲	10.00 am – 10.30 am	Tulmur Place, 1 Nicholas Street, Ipswich
	11.00 am – 11.30 am	
	12.00 pm – 12.30 pm	
	1.00 pm – 1.30 pm	

Soccer ▲	10.00 am – 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
-------------	--------------------	---

Zumba ■▲	10.30 am – 11.00 am	Tulmur Place, 1 Nicholas Street, Ipswich
	11.30 am – 12.00 pm	
	12.30 pm – 1.00 pm	
	1.30 pm – 2.00 pm	

### FRIDAY 28 JUNE

Tee Ball	9.00 am – 10.00 am	Tofa Mamao A Samoa Park, 27 Kruger Parade, Redbank
----------	--------------------	---

Bootcamp	10.00 am – 2.00 pm	Tulmur Place, 1 Nicholas Street, Ipswich
----------	--------------------	---

Volleyball	10.15 am – 11.15 am	Tofa Mamao A Samoa Park, 27 Kruger Parade, Redbank
------------	---------------------	---

Gymnastics ■	11.30 am – 12.30 pm	Tofa Mamao A Samoa Park, 27 Kruger Parade, Redbank
-----------------	---------------------	---

■ Self-paced    ▲ Accessible

Play On activation at Tulmur Place

*Activities and locations vary in accessibility. Please contact council to discuss suitability.*

*Self-paced refers to numerous activities where a child can progress at their own pace and according to their individual abilities.*

# WEEK ONE

**BOOK  
NOW**



ACTIVITY	TIME	WHERE
<b>MONDAY 1 JULY</b>		
AFL	9.00 am – 10.00 am	Bill Patterson Oval, Limestone Park, 42A Chermside Road, Ipswich
Learn 2 Skate	9.00 am – 10.00 am 10.00 am – 11.00 am	Bundamba Skate Park, 256 Brisbane Road, Bundamba
Athletics	10.15 am – 11.15 am	Bill Patterson Oval, Limestone Park, 42A Chermside Road, Ipswich
NRL	11.30 am – 12.30 pm	Bill Patterson Oval, Limestone Park, 42A Chermside Road, Ipswich

<b>TUESDAY 2 JULY</b>		
<b>ALL ABILITIES MULTISPORTS</b>		
All Abilities Netball/Basketball ■▲●	9.00 am – 10.00 am	YMCA Springfield Central Community Centre, 134A Parkland Drive, Springfield Central
All Abilities Gymnastics ■▲●	10.15 am – 11.15 am	YMCA Springfield Central Community Centre, 134A Parkland Drive, Springfield Central
All Abilities Tee Ball ■▲●	11.30 am – 12.30 pm	YMCA Springfield Central Community Centre, 134A Parkland Drive, Springfield Central
Rugby Union	10.00 am – 11.00 am	Silver Jubilee Park, 7002 Russell Luhrs Way, Spring Mountain

<b>WEDNESDAY 3 JULY</b>		
Cricket	9.00 am – 10.00 am	Sutton Park, 61 Workshops Street, Brassall
Rugby Union	10.00 am – 11.00 am	Anzac Park, 1 Mill Street, Rosewood
Soccer	10.15 am – 11.15 am	Sutton Park, 61 Workshops Street, Brassall
AFL	11.30 am – 12.30 pm	Sutton Park, 61 Workshops Street, Brassall

■ Self-paced    ▲ Accessible    ● Quiet Zone

*Activities and locations vary in accessibility. Please contact council to discuss suitability.*

*Self-paced refers to numerous activities where a child can progress at their own pace and according to their individual abilities.*

# WEEK TWO

**BOOK  
NOW**



ACTIVITY	TIME	WHERE
----------	------	-------

### THURSDAY 4 JULY

Soccer	9.00 am – 10.00 am	Stallard Park, 16 Helmsley Court, Yamanto
Cricket	10.15 am – 11.15 am	Stallard Park, 16 Helmsley Court, Yamanto
NRL	11.30 am – 12.30 pm	Stallard Park, 16 Helmsley Court, Yamanto

### FRIDAY 5 JULY

Learn 2 Ride: Remove Training Wheels	9.00 am – 10.00 am 10.00 am – 11.00 am	Redbank Plains Skate Park, 266 Henty Drive, Redbank Plains
Netball	9.00 am – 10.00 am	Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes
Rugby Union	10.00 am – 11.00 am	Woodend Park, Woodend Road, Woodend
Volleyball	10.15 am – 11.15 am	Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes
Learn 2 Ride: Basic Bike Skills	11.00 am – 12.00 pm	Redbank Plains Skate Park, 266 Henty Drive, Redbank Plains
Gymnastics	11.30 am – 12.30 pm	Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes
Freestyle BMX Skills	2.00 pm – 3.00 pm 3.00 pm – 4.00 pm	Redbank Plains Skate Park, 266 Henty Drive, Redbank Plains

■ Self-paced   ▲ Accessible   ● Quiet Zone

*Activities and locations vary in accessibility. Please contact council to discuss suitability.*

*Self-paced refers to numerous activities where a child can progress at their own pace and according to their individual abilities.*

# WEEK TWO

**BOOK  
NOW**



# ALL ABILITIES MULTISPORTS DAY

Age: 5+ | FREE

This is an inclusive event that provides an opportunity for everyone to get involved with physical activity. Activities will be modified to suit the ability of the child and their needs. A quiet zone will also be available on the day.

## ALL ABILITIES NETBALL/ BASKETBALL

Tuesday 2 July

🕒 9.00 am – 10.00 am

📍 YMCA Springfield Central  
Community Centre,  
134A Parkland Drive,  
Springfield Central

## ALL ABILITIES GYMNASTICS

Tuesday 2 July

🕒 10.15 am – 11.15 am

📍 YMCA Springfield Central  
Community Centre,  
134A Parkland Drive,  
Springfield Central

## ALL ABILITIES TEE BALL

Tuesday 2 July

🕒 11.30 am – 12.30 pm

📍 YMCA Springfield Central  
Community Centre,  
134A Parkland Drive,  
Springfield Central



Limited spaces available,  
bookings are essential.





# PHYSICAL ACTIVITY

## AFL

Age: 5+ | Cost: FREE

Provides an introduction to the game of AFL. Develop fundamental skills like kicking, passing and bouncing the ball. Skills will be developed through a series of fun activities and short games.

### Monday 1 July

🕒 9.00 am – 10.00 am

📍 Bill Patterson Oval, Limestone Park, 42A Cherside Road, Ipswich

### Wednesday 3 July

🕒 11.30 am – 12.30 pm

📍 Sutton Park, 61 Workshops Street, Brassall

## ATHLETICS

Age: 5+ | Cost: FREE

Practice your throwing, running and jumping techniques in this super fun athletics session!

*A great all-rounder session for those of all abilities.*

### Monday 24 June

🕒 10.00 am – 2.00 pm

15-minute sessions

📍 Tulumur Place, 1 Nicholas Street, Ipswich

### Monday 1 July

🕒 10.15 am – 11.15 am

📍 Bill Patterson Oval, Limestone Park, 42A Cherside Road, Ipswich

*\*This session offers a self-paced experience with a wide range of activities catering to various skill levels.*



## BASKETBALL

Age: 5+ | Cost: FREE

Dribble, shoot and score in this action-packed basketball session! Improve your ball-handling skills, work on your shooting technique and learn teamwork strategies.

### Monday 24 June – Friday 28 June

🕒 10.00 am – 2.00 pm (daily)

📍 Tulumur Place, 1 Nicholas Street, Ipswich

## BOOTCAMP

Age: 5+ | Cost: FREE

Work up a sweat as you move your body through a vigorous and high-energy class. Sessions will be 15 minutes in length.

### Friday 28 June

🕒 10.00 am – 2.00 pm

15-minute sessions

📍 Tulumur Place, 1 Nicholas Street, Ipswich

*\*This session offers a self-paced experience with a wide range of activities catering to various skill levels.*



# PHYSICAL ACTIVITY

## BOXING

Age: 5+ | Cost: FREE

Our fun kids boxing exercise program combines fitness, coordination and self-confidence. In each session, young participants will learn real boxing techniques like punches, slips, rolls and footwork.

### Tuesday 25 June

- 🕒 10.00 am – 10.30 am
- 🕒 11.00 am – 11.30 am
- 🕒 12.00 pm – 12.30 pm
- 🕒 1.00 pm – 1.30 pm
- 📍 Tulmur Place,  
1 Nicholas Street, Ipswich

### Thursday 27 June

- 🕒 10.00 am – 10.30 am
- 🕒 11.00 am – 11.30 am
- 🕒 12.00 pm – 12.30 pm
- 🕒 1.00 pm – 1.30 pm
- 📍 Tulmur Place,  
1 Nicholas Street, Ipswich



## CRICKET

Age: 5+ | Cost: FREE

This session teaches kids the fundamental rules of cricket while also developing their skills in catching, holding a cricket bat and hitting the ball, throwing accuracy and general teamwork skills.

### Wednesday 3 July

- 🕒 9.00 am – 10.00 am
- 📍 Sutton Park,  
61 Workshops Street, Brassall

### Thursday 4 July

- 🕒 10.15 am – 11.15 am
- 📍 Stallard Park,  
16 Helmsley Court, Yamanto



# PHYSICAL ACTIVITY

## GYMNASTICS

Age: 5+ | Cost: FREE

This activity provides an introduction to Gymnastics! Build balance, strength, flexibility, agility, coordination, dedication and endurance in this fun-filled session.

### Tuesday 25 June

- 🕒 10.15 am – 11.15 am
- 📍 Evan Marginson Park, 6 Layard Street, Goodna

### Friday 28 June

- 🕒 11.30 am – 12.30 pm
- 📍 Tofa Mamao A Samoa Park, 27 Kruger Parade, Redbank

### Friday 5 July

- 🕒 11.30 am – 12.30 pm
- 📍 Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes

*\*This session offers a self-paced experience with a wide range of activities catering to various skill levels.*

## NETBALL

Age: 5+ | Cost: FREE

Get ready to pass, pivot and shoot your way through this dynamic netball session. Learn passing, shooting and teamwork skills to enhance your skills on the court!

### Tuesday 25 June

- 🕒 9.00 am – 10.00 am
- 📍 Evan Marginson Park, 6 Layard Street, Goodna

### Friday 5 July

- 🕒 9.00 am – 10.00 am
- 📍 Atlantic Drive Sporting Complex, Lot 1, Summit Drive, Springfield Lakes

## NRL

Age: 5+ | Cost: FREE

An introduction to the game of NRL which helps to develop fundamental skills like kicking, passing and running backwards. The skills will be developed through a series of fun activities. No tackling is involved in this activity.

### Monday 1 July

- 🕒 11.30 am – 12.30 pm
- 📍 Bill Patterson Oval, Limestone Park, 42A Chermside Road, Ipswich

### Thursday 4 July

- 🕒 11.30 am – 12.30 pm
- 📍 Stallard Park, 16 Helmsley Court, Yamanto



# PHYSICAL ACTIVITY

## RUGBY UNION

Age: School-aged | Cost: FREE

These sessions teach kids the basics of rugby union while also teaching them about the benefits of a healthy and active lifestyle which is promoted throughout the sessions along with rugby's key values of teamwork, fairness and respect.

### Tuesday 2 July

- 🕒 10.00 am – 11.00 am
- 📍 Silver Jubilee Park, 7002 Russell Luhrs Way, Spring Mountain

### Wednesday 3 July

- 🕒 10.00 am – 11.00 am
- 📍 Anzac Park, 1 Mill Street, Rosewood

### Friday 5 July

- 🕒 10.00 am – 11.00 am
- 📍 Woodend Park, Woodend Road, Woodend

## SILENT DISCO

Age: 5+ | Cost: FREE

Experience a dance revolution. Get the family and join in on a world of rhythm and fun. With wireless headphones and boundless energy, get ready for a noiseless adventure that'll have everyone dancing their hearts out.

### Wednesday 26 June

- 🕒 10.00 am – 2.00 pm
- 📍 Tulumur Place, 1 Nicholas Street, Ipswich



## SOCCER

Age: 5+ | Cost: FREE

Emulate your soccer heroes by learning some tricky soccer skills! Children will develop coordination and balance, whilst practising ball skills such as kicking, dribbling and shooting. Fun for all ages!

### Thursday 27 June

- 🕒 10.00 am – 2.00 pm
- 15-minute sessions
- 📍 Tulumur Place, 1 Nicholas Street, Ipswich



### Wednesday 3 July

- 🕒 10.15 am – 11.15 am
- 📍 Sutton Park, 61 Workshops Street, Brassall

### Thursday 4 July

- 🕒 9.00 am – 10.00 am
- 📍 Stallard Park, 16 Helmsley Court, Yamanto

# PHYSICAL ACTIVITY

## TEE BALL

Age: 5+ | Cost: FREE

Tee Ball is a great game to help develop hand/eye coordination. Children will have fun learning how to bat, run to bases, catch a ball and use different throwing techniques. A great introduction to team sports.

### Tuesday 25 June

- 🕒 11.30 am – 12.30 pm
- 📍 Evan Marginson Park,  
6 Layard Street, Goodna

### Friday 28 June

- 🕒 9.00 am – 10.00 am
- 📍 Tofa Mamao A Samoa Park,  
27 Kruger Parade, Redbank

## VOLLEYBALL

Age: 5+ | Cost: FREE

Dig, set and spike your way through our newest Active Kids addition: volleyball. Improve your serving, bumping and net play skills while having a blast!

### Friday 28 June

- 🕒 10.15 am – 11.15 am
- 📍 Tofa Mamao A Samoa Park,  
27 Kruger Parade, Redbank

### Friday 5 July

- 🕒 10.15 am – 11.15 am
- 📍 Atlantic Drive Sporting Complex,  
Lot 1, Summit Drive, Springfield Lakes

## YOGA

Age: 5+ | Cost: FREE

Breathe, stretch and restore your way into the school holidays with children's, tween's and teen's yoga.

### Monday 24 June – Friday 28 June

- 📍 Tulumur Place,  
1 Nicholas Street, Ipswich

### Children's yoga

#### 5–9 years

- 🕒 10.30 am – 11.00 am (daily)

### Tween's and teen's yoga

#### 10–17 years

- 🕒 11.30 am – 12.00 pm (daily)



## ZUMBA

Age: 5+ | Cost: FREE

Join this Latin-inspired Zumba session during the school holidays! You'll learn how to break down steps used in Zumba Latin rhythms to move to a particular beat. Don't worry if you're unfamiliar with salsa moves, this class will be simple, slow and super fun!

### Tuesday 25 June

- 🕒 10.30 am – 11.00 am
- 🕒 11.30 am – 12.00 pm
- 🕒 12.30 pm – 1.00 pm
- 🕒 1.30 pm – 2.00 pm
- 📍 Tulumur Place,  
1 Nicholas Street, Ipswich



### Thursday 27 June

- 🕒 10.30 am – 11.00 am
- 🕒 11.30 am – 12.00 pm
- 🕒 12.30 pm – 1.00 pm
- 🕒 1.30 pm – 2.00 pm
- 📍 Tulumur Place,  
1 Nicholas Street, Ipswich





# PLAY ON



**24-28  
JUNE**

 **Tulmur Place**

**10.00 am - 2.00 pm**

The first week of the Active Kids school holiday program is delivered in partnership with the Play On activation at Tulmur Place.

**NICHOLAS<sup>ST</sup>**  
EXPLORE MORE

  
City of  
**Ipswich**

# LEARN 2 RIDE

## LEARN 2 RIDE: REMOVE TRAINING WHEELS

Age: 5–11 years | Cost: FREE

Join us for a transformative session where our friendly instructor will guide your child from training wheels to the joy of two-wheel riding. Learn tips on how to keep them motivated.

*Bring a roadworthy bike, helmet and water bottle. Remove the training wheels and adjust the seat height so your feet touch the ground. Parents/guardians must assist their child during the session.*

### Friday 5 July

🕒 9.00 am – 10.00 am

🕒 10.00 am – 11.00 am

Redbank Plains Skate Park,  
266 Henty Drive, Redbank Plains

## LEARN 2 RIDE: BASIC BIKE SKILLS

Age: 5–11 years | Cost: FREE

This course is designed for young riders already comfortable on two wheels. Through engaging games and activities, your child will develop the skills for off-road adventures and bikeway enjoyment.

*Bring a roadworthy bike, helmet and water bottle. Remove the training wheels and adjust the seat height for flat-footed stability. Parents/guardians must remain onsite but are not required to participate in the session.*

### Friday 5 July

🕒 11.00 am – 12.00 pm

📍 Redbank Plains Skate Park,  
266 Henty Drive, Redbank Plains

## LEARN 2 SKATE

Age: 5+ | Cost: FREE

For young skateboarders aiming to build confidence, our sessions are designed to impart essential skills for mastering the board. Led by experienced coaches, these sessions provide expert guidance to help participants develop their skateboarding abilities.

*All equipment is supplied, including helmets. You are welcome to bring your own if preferred.*

### Monday 1 July

🕒 9.00 am – 10.00 am

🕒 10.00 am – 11.00 pm

📍 Bundamba Skate Park,  
256 Brisbane Road, Bundamba



# WORKSHOPS

## SCOOTER TRICKS

Age: 5+ | Cost: FREE

Take your scooter skills to the next level. This session will cover scooter safety, skate park etiquette, aerial and balance tricks and more. Participants of all abilities will be able to learn something new. All participants will receive free grip tape and stickers for their scooters.

*BYO Helmet and non-folding two wheeled scooter suitable for skate park use. Spares available upon request.*

### Monday 24 June

- 🕒 2.00 pm – 3.00 pm
- 🕒 3.15 pm – 4.15 pm
- 📍 Bob Gibbs Park, 40-60 Springfield Parkway, Springfield

## FREESTYLE BMX SKILLS

Age: 6-17 years | Cost: FREE

Geared for every skill level, this session aims to boost your confidence while offering insights and techniques for safe and enjoyable BMX riding.

*Kids aged 6-15 years must be accompanied by an adult. Bring your own BMX bike, helmet, closed-toe shoes and water bottle.*

### Friday 5 July

- 🕒 2.00 pm – 3.00 pm
- 🕒 3.00 pm – 4.00 pm
- 📍 Redbank Plains Skate Park, 266 Henty Drive, Redbank Plains





# ACTIVE AND HEALTHY

THE APP

[ipswich.qld.gov.au/activehealthy](http://ipswich.qld.gov.au/activehealthy)





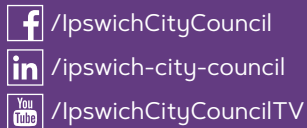




Ipswich City Council  
PO Box 191, Ipswich QLD 4305, Australia  
Phone (07) 3810 6666  
council@ipswich.qld.gov.au  
ipswich.qld.gov.au

---

Join us online:



**BOOK  
NOW**

